In order to be truly healthy, hair needs nutrient support from the inside. Hair Renew Formula™ provides it.

Its combination of ingredients:

- **Nourish thinning hair**
- **Sustain healthy hair growth**
- **May reduce age-related hair loss**

**Powerful Ingredients for Strong, Healthy Hair**

It takes more than topical shampoos and conditioners to create truly healthy conditions for hair to thrive and be strong. Some of the key ingredients included in Hair Renew Formula™ are:

- **Millet Seed Oil Extract** is a unique botanical ingredient that provides minerals and amino acids to support production of keratin, the essential building block of hair. Research has found that healthy keratin production promotes stronger, thicker, healthier hair.*

- **Biotin** is essential in the renewal process of the follicles and roots of the hair that are already growing. Supporting healthy hair growth can result in thicker, more lustrous hair.*

- **B Vitamins** support energy production in the fast-growing cells in hair follicles that are required for structural support.*

- **Zinc** helps improve hair quality – especially dry, brittle hair.*

**Nurture Healthy Hair from the Inside**

Start building healthy hair today! The ingredients in Hair Renew Formula™ help you get the nutrients you need. The millet seed oil, along with biotin and specific amino acids, have been shown to play a critical role in keratin production and subsequent hair growth.*
Frequently Asked Questions for Hair Renew Formula™:

Q. How does hair grow?
A. Hair is composed of keratin, a special protein that is also found in skin and nails. Each hair, contained in a follicle, goes through regular cycles of growth and rest. Scalp hair grows about 1/2 an inch per month. The typical person loses about 50-100 hairs every day.

Most people do not associate hair and its growth as part of a living structure of the body. For hair to grow and have the outward appearance of thick, shiny and lustrous hair, it too needs nutrients that are critical for healthy hair. We have come to believe that to have beautiful hair we only have to treat our hair with shampoos, conditioners and cosmetic products to improve the quality of our hair. While certainly high quality hair products are important to improve the shine and look of our hair, they can never effectively nourish the hair root and shaft for new hair growth and quality.

Q. How much Hair Renew Formula™ should I use?
A. That depends on your situation. For healthy hair, we recommend 2 softgels daily for 30 days. For more advanced needs, you can boost that to 2 softgels twice daily, and for ultimate support, consider 2 softgels three times daily. However, for most individuals, 1 softgel per day after the initial 30 day regimen should be fine.

What to pair with Hair Renew Formula™:

- **Osteo-Sil™** – Provides organic silica, flavonoids, and trace minerals bound to marine lipids. It's an excellent addition to any bone support regimen because it assists calcium absorption into bone by an average of 50%.*

- **EurOmega-3®** – Whole food Omega-3 fatty acids in a biologically active, stable, phospholipid form as it occurs in salmon.*

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.