



Pain Relief*† Protocol

Objective	Product Recommendation	Dosage	Key Ingredients
Provides relief for sudden, occasional pain in a small, liquid gel form that is easy for patients to swallow**	Acute Pain Relief**	2 liquid gels once daily. If needed, may take 2 liquid gels twice daily or as recommended by a healthcare practitioner.	Proprietary Complex: Black Sesame (<i>Sesamum indicum</i>) Seed Oil, Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95®/Curcugreen®) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10®) standardized to contain ≥70% Total Organic and Boswellic Acids with AKBA ≥10%, with ≤5% beta-boswellic acids
Supports cartilage structure and joint flexibility in the hips, knees, lower back, and ankles*	Collagen Joint Complex	3 capsules daily, or as recommended by a healthcare practitioner.	Proprietary Blend: Glucosamine hydrochloride, Chondroitin sulfate, Hyaluronic acid complex (hyaluronic acid, polysaccharides, and collagen), Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10®) standardized to contain ≥70% Total Organic and Boswellic Acids with AKBA ≥10%, with ≤5% beta-boswellic acids, Native Type II Collagen
Provides effective pain relief that addresses both physical support and endorphin activity**	Curaphen® Curaphen® Extra Strength	1 capsule 3 times daily, or as recommended by a healthcare practitioner. 1 tablet daily; may take one tablet three times daily, or as recommended by a healthcare practitioner.	Proprietary Complex: DLPA (DL-phenylalanine), Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10®) standardized to contain ≥70% Total Organic and Boswellic Acids with AKBA ≥10%, with ≤5% beta-boswellic acids, Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95®/Curcugreen®) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Nattokinase Proprietary Complex: DLPA (DL-phenylalanine), Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10®) standardized to contain ≥70% Total Organic and Boswellic Acids with AKBA ≥10%, with ≤5% beta-boswellic acids, Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95®/Curcugreen®) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Nattokinase
Provides pain relief and healthy sleep support**	Curaphen® PM	1 capsule 30 minutes before bedtime. May increase as recommended by a healthcare practitioner.	Vitamin B6 (as pyridoxal-5-phosphate), Proprietary Complex: DLPA (DL-phenylalanine), Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10®) standardized to contain ≥70% Total Organic and Boswellic Acids with AKBA ≥10%, with ≤5% beta-boswellic acids, Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95®/Curcugreen®) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Melatonin
Supports healthy muscles, tendons, ligaments, and nerves*	Magnesium + P-5-P	1 capsule may be taken up to 4 times daily. 6-12 year olds, 1 per day, or as recommended by your healthcare practitioner.	Vitamin B6 (as pyridoxal-5-phosphate), Magnesium (from magnesium glycinate chelate), Zinc (from TRAACS™ Zinc bisglycinate chelate)
Aids proper circulation and supports healthy nerve function*	Nerve Complex™	2 capsules 2 times daily, or as recommended by a healthcare practitioner.	Thiamin (B1) (as Thiamin HCl), Riboflavin (Vitamin B2), Niacin (as niacinamide), Vitamin B6 (as Pyridoxal-5-Phosphate), Folate (as (6S)-5-methyltetrahydrofolic acid, glucosamine salt)†, Vitamin B12 (as Methylcobalamin), Biotin, Pantothenic acid (as D-Calcium Pantothenate), Zinc (from TRAACS™ Zinc Glycinate Chelate), Chromium (from TRAACS™ Chromium Nicotinate Glycinate Chelate), Alpha Lipoic Acid, Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10®) standardized to contain ≥70% Total Organic and Boswellic Acids with AKBA ≥10%, with ≤5% beta-boswellic acids, Benfotiamine