



Daily Essentials Support Protocol*

Objective	Product Recommendation	Dosage	Key Ingredients
Provides comprehensive daily nutrient support to promote mental and physical energy, cardiovascular function, cognitive performance, and overall resilience and well-being*	Daily Recharge[®] Multi-Nutrient Powder	1 scoop daily. Mix with 8-16 oz. of water, your favorite beverage, smoothie, or yogurt.	Complete Multivitamin & Mineral Formula with 30 Premium Nutrients. Bioavailable B vitamins, including: B6 as pyridoxal-5-phosphate (P-5-P), B12 as methylcobalamin, and folate (from calcium-L-5-methyltetrahydrofolate). Chelated minerals, including: chromium, magnesium, manganese, molybdenum, and zinc in Albion [®] bisglycinate and glycinate chelate forms. Critical nutrients, including: Vitamin A (as retinyl palmitate), vitamin D3 (as cholecalciferol), vitamin E (as d-alpha and mixed tocopherols), and vitamin K2 [as menaquinone-7 (MK-7 as MenaQ7 [®])] <i>Please see our product page at euromedicausa.com for a complete ingredient list</i>
Provides a daily foundation with bioavailable B vitamins, chelated minerals, and other critical nutrients*	Essential Multivitamin	2 tablets daily, or as recommended by a healthcare practitioner. May increase to 2 tablets twice daily. 1 tablet daily for children ages 12 years old and up.	Complete Multivitamin & Mineral Formula with 30 Premium Nutrients. Bioavailable B vitamins, including: B6 as pyridoxal-5-phosphate (P-5-P), B12 as methylcobalamin, and folate (from calcium-L-5-methyltetrahydrofolate). Chelated minerals, including: chromium, magnesium, manganese, molybdenum, and zinc in Albion [®] bisglycinate and glycinate chelate forms. Critical nutrients, including: Vitamin A (as retinyl palmitate), vitamin D3 (as cholecalciferol), vitamin E (as d-alpha and mixed tocopherols), and vitamin K2 [as menaquinone-7 (MK-7 as Mena Q7 [®])] <i>Please see our product page at euromedicausa.com for a complete ingredient list</i>
Provides omega-3s, phospholipids, and peptides to support cardio strength and vascular elasticity, brain function, mood, and overall eye health*	EurOmega-3[®]	Adults: 1-2 tablets daily. Children (6 years old and up): 1 tablet daily, or as recommended by your healthcare practitioner.	Omega-3 Phospholipid Peptide Complex: Featuring Phospholipids, Omega-3 [DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid)] and bioactive peptides extracted from Atlantic Salmon (<i>Salmo salar</i>), in a balanced ratio as found in salmon; not chemically altered or artificially spiked with DHA/EPA
Supports healthy gut flora balance, nutrient absorption, and relieves occasional digestive discomforts*	FloraSure[®] Probiotic	1 capsule daily, with food, or as recommended by a healthcare practitioner.	FloraSure [®] Probiotic Blend (20 Billion CFU) <i>Lactobacillus plantarum</i> , <i>Lactobacillus rhamnosus</i> , and <i>Bifidobacterium bifidum</i>
Supports healthy digestion and metabolism, and alleviates occasional gas and feelings of fullness*	Multi-Action Digestive Enzyme	1-2 tablets up to three times daily or as recommended by your healthcare practitioner.	Pancreatin 10X (Amylase, Protease, Lipase), Trypsin, Papain, Bromelain, Chymotrypsin
Supports vitamin D3 levels for overall health, strong bones and teeth, and healthy immune function*	Vitamin D3 Chewable	1 tablet daily, or as recommended by a healthcare practitioner.	Vitamin D3 (as cholecalciferol, the body's preferred form)