



# Zinc *plus* Selenium

## Immune & Respiratory Support\*

**Zinc *plus* Selenium Minerals For Optimal Health\***

For your immune system, cellular health, and healthy inflammation response these minerals are a must. **Zinc *plus* Selenium** provides easily absorbed and bioavailable forms of each nutrient so you can experience overall health at its best.\*

**Recommendations:** 1 capsule daily, or as recommended by your healthcare practitioner.

If pregnant or nursing, consult a healthcare practitioner before use.

†Occasional inflammation due to exercise or overuse. Albion® is a registered trademark of Balchem Corporation or its subsidiaries.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

JC 34 91 + 3(5,6)EM L78806.04



# Zinc *plus* Selenium

## Immune & Respiratory Support\*

60 Capsules

VEGAN NON-GMO DIETARY SUPPLEMENT

**SUPPLEMENT FACTS**

Serving Size: 1 Capsule  
Servings Per Container: 60

Amount Per 1 Capsule (Veg):	%DV
Zinc (from Albion® zinc bisglycinate chelate)	30 mg 273%
Selenium (as selenium yeast) (Saccharomyces cerevisiae)	200 mcg 364%

**Other Ingredients:** hydroxypropyl methylcellulose (vegetable cellulose capsules), rice bran extract, citric acid, vegetable source stearic acid, silica.

Manufactured by a cGMP compliant facility exclusively for: EuroMedica 955 Challenger Drive Green Bay, WI 54311 866-842-7256 euromedicausa.com

**No sugar, salt, wheat, gluten, soy, dairy products, artificial coloring, artificial flavoring, or artificial preservatives.**

### Supports immune strength and upper respiratory health

#### Healthy inflammation response<sup>†</sup>

#### Protects cells from oxidative damage\*

While your patients are very likely familiar with zinc and selenium as common minerals, they may not realize their importance in a daily regimen nor the amounts needed for optimal benefits.

Zinc plus Selenium delivers bioavailable forms of these minerals that your body absorbs and uses best for maximum effectiveness. While each of these ingredients supports overlapping aspects of good health, they bring their own unique strengths to the formula as well.\*

### Zinc

The zinc in this formula is bound (chelated) to the amino acid glycine to help it absorb efficiently and effectively, so you get the most from this essential mineral.

#### Supports Immune Strength and Upper Respiratory Health:

Zinc supports white blood cell activity for immune function, works with selenium to support healthy lung capacity, and is a required nutrient for the thymus gland, a critical organ of the immune system.\*

**Healthy Inflammation Response:** This mineral is a critical structural component of muscles, ligaments, and tendons. It provides support for a healthy inflammation response.\*<sup>†</sup>

**Protects Cells from Oxidative Damage:** Zinc preserves the body's own antioxidant protection for healthy cells and overall well-being.\*

### Selenium

The selenium we've chosen for this supplement is a form that is especially known for healthy cellular support, and provides support for immune and respiratory function as well.\*

#### Supports Immune Strength and Upper Respiratory Health:

This mineral helps support healthy immune activity and bronchial function through multiple pathways.\*

**Healthy Inflammation Response:** Selenium works throughout the body to reduce the risk of oxidative damage and support a healthy response to inflammation.\*<sup>†</sup>

#### Protects Cells from Oxidative Damage and Supports Healthy DNA Replication\*:

Selenium may reduce the risk of certain cancers. Some scientific evidence suggests that consumption of selenium may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive.

To view all our products, go to [euromedicausa.com](http://euromedicausa.com)  
For more information call **866.842.7256**

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## Frequently Asked Questions for Zinc *plus* Selenium

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### **Q. Why is it important that the zinc in this formula is chelated?**

A. A “chelate” is a bond between a mineral (often called “inorganic”) and a molecule structure, called a “ligand” that helps the body absorb the mineral during digestion. The amino acid glycine makes an excellent molecule to help carry minerals through the intestinal wall, because it is so small it can be easily absorbed, which facilitates the absorption of zinc as well.

### **What to Pair with Zinc *plus* Selenium**

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#### **Andrographis EP80™ Extra Strength**

An Ayurvedic botanical backed by science for immune, liver, and overall support.\*

#### **Quercetin *plus* Vitamin C**

Helps maintain healthy sinus, lung, and respiratory function and histamine response.\*†

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†Supports healthy levels already within normal range.

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