# Heme Iron Complex Concentrated Liver for Energy & Stamina\*



3 67703 70089 8	Liver is a superior source of heme iron and other blood building nutrients. Studies have suggested that liver contains many of the necessary nutrients to maintain a healthy and vigorous life as well as support energy and stamina.* Liver contains a source of iron bound to hemoglobin (heme iron) of which up to 33% is absorbed compared to non-heme iron, which can have as little as 2% absorption.	EuroMedica*	SUPPLEMENT FACTS Serving Size: 2 Capsules Servings Per Container: 45
		Heme Iron Complex	Amount Per 2 Capsules: %DV   Calories 5   Protein 1 g   Folate (from (65)-5-Methytterahydrofolic acid, 340 mcg DFE 85%   glucosamie salt[" 1,000 mcg 41,667%   Iron (from Ferrochell* ferrous bioglycinate chelate) 5 mg 28%   Liver Fractions 1,300 mg **
	Heme Iron Complex features predigested beef liver concentrate from animals raised in Argentina without the use of chemical sprays, pesticides or antibiotics. This unique formula is non-toxic and non-constipating.	Concentrated Liver for Energy & Stamina*	(from predigested liver concentrate, containing natural heme iron) "Daly Wate no established 105 Patent No. 150/822 - Percent Daily Values are based on a 2000 calorie diet <b>Other Ingredients:</b> gelatin capsule, silica, cellulose powder, vegetable source magnesium stearate, citric acid, maltodextrin. <b>No</b> sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial coloring, artificial flavoring, or artificial preservatives.
	Recommendations: 2 capsules, twice daily.       If pregnant or nursing, consult a healthcare practitioner before use.       STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.       RODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.       JC 34 91 + 315,0FEM	90 Capsules Non-gmo dietary supplement	WARNING: Accidental overdose of ten-containing products is a leading cause of stata jossimain in childm under 6 Keep life storduct out of reach of childmn. In case of accidental overdose, call a doctor ropison control center immediately.       Ferrochell* is a registered trademark of Ablion Laboratories, Inc.       Manufactured by a cGMP compliant facility exclusively for: EuroMedicai 955 Challenger Drive Green Bay, WI 54311 866-842-7256 euromedicausa.com

**Heme Iron Complex** delivers absorbable, energizing, and blood-building iron that is easy on the stomach. First, it provides heme iron— iron bound to hemoglobin, which is up to 33 percent absorbable versus two percent absorbability for non-heme iron. The predigested beef liver concentrate that provides this heme iron comes from cattle raised in Argentina without the use of chemical sprays, pesticides, or antibiotics.

Next, Heme Iron Complex contains iron chelated (bound) to the amino acid glycine, which also absorbs gently and effectively and is easy on the stomach.

Additionally, this supplement delivers bioavailable B12 (methylcobalamin) and folate, which require no conversion by the liver to their active form, making them more efficiently used by the body. As a combination, these nutrients support cognitive and cardiovascular health while helping you live an energetic, active life.\*

- Supports endurance, stamina, and athletic recovery
- Helps build healthy red blood cells\*
- Highly absorbable heme iron PLUS iron chelated to glycine
- Active vitamin B12 as methylcobalamin
- Bioavailable folate that works synergistically with B12

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## Frequently Asked Questions for Heme Iron Complex:

### Q. What is the source of the liver used in Heme Iron Complex?

A. The source of liver in Heme Iron Complex is from range-fed (versus feed-lot) cattle raised in the grasslands of Argentina. Argentina is one of the world's premier sources of beef, and it is from those cattle that we procure the liver we use in Heme Iron Complex. The cattle are raised without the use of any chemicals, pesticides, or antibiotics.

#### Q. Is this okay for women to take who are pregnant or nursing?

A. Yes. This is an excellent product for women who are pregnant. The folic acid, B12 and iron will help replace nutrients for the mother and can help support a healthy pregnancy.\* However, we always recommend that you check with your licensed healthcare practitioner before adding any supplement to your regimen when pregnant or nursing.

#### What to pair with Heme Iron Complex:

- Ashwagandha Complex This potent herbal adaptogen formula with rhodiola and ashwagandha maximizes energy and stamina, boosts mood, and promotes healthy adrenal function.\*
- Essential Multivitamin<sup>™</sup> Delivers effective nutrients at effective levels for optimal daily health.\*