



Silica-20™

Healthy Bone Density • Optimize Collagen • Beautiful Hair, Skin, and Nails*

This superior plant-based silica plays a key role in bone formation and the production of collagen, the protein used to form ligaments and tendons.* A proprietary extraction process produces silica with enhanced absorption.

- Bone Mineralization: **boosts bone absorption of calcium up to 50%†**
- Supports healthy bone structure and density
- Boosts collagen production up to 50% for healthy skin, hair and nails*†

RECOMMENDATIONS: 1-2 tablets daily, or as recommended by your healthcare practitioner. If pregnant or nursing, consult a healthcare practitioner before use.

† In vitro evaluation on cultured human cells

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

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20mg

Silica-20™

Plant Sourced

- Healthy Bone Density
- Optimize Collagen
- Beautiful Hair, Skin, and Nails*

60 Tablets

VEGAN NON-GMO DIETARY SUPPLEMENT

SUPPLEMENT FACTS

Serving Size: 2 Tablets
Servings Per Container: 30

Amount Per 2 Tablets:	%DV
Vitamin D3 (cholecalciferol)	5 mcg (200 IU) 25%
Horsetail (<i>Equisetum arvense</i>) Aerial Extract standardized to 20 mg of Silica, with naturally occurring flavonoids	800 mg **

** Daily Value (DV) not established

Other Ingredients: tricalcium phosphate, magnesium hydroxide, silicon dioxide, sunflower oil, vegetable source magnesium stearate, coating (hydroxypropyl methylcellulose, stearic acid, microcrystalline cellulose), mineral sea water extract, maltodextrin, arabic gum.

No sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial coloring, artificial flavoring, or artificial preservatives.

Manufactured by a cGMP compliant facility exclusively for: EuroMedica 955 Challenger Drive Green Bay, WI 54311 866-842-7256 euromedicausa.com Product of France

Healthy bones need silica, but they need a form that is best utilized by the body. **Silica-20** is the right choice. It provides silica gently extracted from horsetail (*Equisetum arvense*) blended with trace minerals from the sea and healthy lipids to enhance absorption.*

For calcium utilization, **Silica-20** can make a big difference – it boosts calcium absorption into the bone up to 50%!† Plus, it supports healthy bone density in two ways: it helps your body build the collagen framework for healthy bones, **and** it helps calcium collect on that framework. The result is strength from within for your bones and teeth. Because of its positive benefits for collagen, Silica-20 also supports healthy hair, skin, and nails.*

Silica-20 uses a proprietary extraction method that filters out the insoluble components of silica that are abrasive and harmful. It's the superior silica!

- **Shown to increase absorption of calcium into the bone up to 50%†**
- **A plant source of silica from *Equisetum arvense* – not mined from rocks or synthesized from chemicals**
- **Specially processed without harsh solvents – keeps all the best attributes of the plant and blends with lipids for better absorption and bioactivity**
- **Proprietary extraction filters out abrasive components of silica**
- **Entirely soluble and virtually 100% absorbable**
- **Clinically studied support for bone strength**
- **Promotes dental health***

To view all our products, go to: euromedicausa.com

† In vitro evaluation on cultured human cells

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Frequently Asked Questions for Silica-20™:

Q. Can't I get silica from food?

A. Certainly, there are food sources, but very little of that silica is absorbed during digestion. In fact, you'd probably have to eat 50 bananas just to get about 8 mg of absorbed silica. So a supplemental source is a must. In fact, in Europe, silica actually outsells calcium for bone support.*

Q. How does Silica-20 help keep bones healthy?

A. **Silica-20** supports the growth processes of bone. It balances the ratio of bone anabolism (adding minerals to bone) with bone catabolism (withdrawing minerals from the bone.) This healthy balance allows bones to retain calcium longer—by an average of 50% or more.†

Q. Is the use of Silica-20 supported by research?

A. Yes. A 12 month, randomized, double-blind, placebo-controlled study involving 65 women revealed that **Silica-20** supported bone health and strength.*

Another **Silica-20** study with 150 individuals showed support for healthy bone formation. Doctors reported that in 80% of participants, significant indicators of bone health support were evident after 15 days of use, and further gains were measurable after 6 weeks of use.*

What to pair with Silica-20™:

- **Strontium** – Provides a trusted source of the mineral that is essential for bone health.*

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