



Pain Relief Protocol^{*†}

Objective	Product Recommendation	Dosage	Key Ingredients
Provides relief for sudden, occasional pain in a small, liquid gel form that is easy for patients to swallow ^{*†}	Acute Pain Relief^{**}	2 liquid gels once daily. If needed, may take 2 liquid gels twice daily or as recommended by a healthcare practitioner.	Proprietary Complex: Black Sesame (<i>Sesamum indicum</i>) Seed Oil, Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95 [®] /Curcugreen [®]) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10 [®]) standardized to contain ≥70% total organic and boswellic acids with AKBA ≥10%, with ≤5% beta-boswellic acids
Supports cartilage structure and joint flexibility in the hips, knees, lower back, and ankles [*]	Collagen Joint Complex	3 capsules daily, or as recommended by a healthcare practitioner.	Proprietary Blend: Glucosamine hydrochloride, Chondroitin sulfate, Hyaluronic acid complex (hyaluronic acid, polysaccharides, and collagen), Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10 [®]) standardized to contain ≥70% total organic and boswellic acids with AKBA ≥10%, with ≤5% beta-boswellic acids, Type II Collagen
Provides effective pain relief that addresses both physical support and endorphin activity ^{*†}	Curaphen[®] Curaphen[®] Extra Strength	1 capsule 3 times daily, or as recommended by a healthcare practitioner. 1 tablet daily; may take 1 tablet three times daily, or as recommended by a healthcare practitioner.	Proprietary Complex: DLPA (DL-phenylalanine), Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10 [®]) standardized to contain ≥70% total organic and boswellic acids with AKBA ≥10%, with ≤5% beta-boswellic acids, Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95 [®] /Curcugreen [®]) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Nattokinase Proprietary Complex: DLPA (DL-phenylalanine), Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10 [®]) standardized to contain ≥70% total organic and boswellic acids with AKBA ≥10%, with ≤5% beta-boswellic acids, Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95 [®] /Curcugreen [®]) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Nattokinase
Provides pain relief and healthy sleep support ^{*†}	Curaphen[®] PM	1 capsule 30 minutes before bedtime. May increase as recommended by a healthcare practitioner.	Vitamin B6 (as pyridoxal-5-phosphate), Proprietary Complex: DLPA (DL-phenylalanine), Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10 [®]) standardized to contain ≥70% total organic and boswellic acids with AKBA ≥10%, with ≤5% beta-boswellic acids, Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95 [®] /Curcugreen [®]) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Melatonin
Supports healthy muscles, tendons, ligaments, and nerves [*]	Magnesium + P-5-P	Adults: 1 capsule, may be taken up to 4 times daily. Children (6 years old and up): 1 capsule per day, or as recommended by your healthcare practitioner.	Vitamin B6 (as pyridoxal-5-phosphate), Magnesium (from magnesium bisglycinate chelate), Zinc (from TRAACS [™] zinc bisglycinate chelate)
Aids proper circulation and supports healthy nerve function [*]	Nerve Complex[™]	2 capsules twice daily, or as recommended by a healthcare practitioner.	Thiamin (B1) (as thiamin HCl), Riboflavin (vitamin B2), Niacin (as niacinamide), Vitamin B6 (as pyridoxal-5-phosphate), Folate (as (6S)-5-methyltetrahydrofolic acid, glucosamine salt) [^] , Vitamin B12 (as methylcobalamin), Biotin, Pantothenic acid (as d-calcium pantothenate), Zinc (from TRAACS [™] zinc glycinate chelate), Chromium (from TRAACS [™] chromium nicotinate glycinate chelate), Alpha Lipoic Acid, Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10 [®]) standardized to contain ≥70% total organic and boswellic acids with AKBA ≥10%, with ≤5% beta-boswellic acids, Benfotiamine

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^{*}Occasional muscle pain due to exercise or overuse. TRAACS[™] is a trademark of Albion Laboratories, Inc. [^]US Patent No. 7,947,662

^{*†}These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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