## Daily Essentials Support Protocol\*

EuroMedica

Objective	Product Recommendation	Dosage	Key Ingredients
Provides a daily foundation with bioavailable B-vitamins, chelated minerals, and other critical nutrients*	Essential Multivitamin	2 tablets daily, or as recommended by a healthcare practitioner. May increase to 2 tablets twice daily. 1 tablet daily for children ages 12 and up.	Complete Multivitamin Mineral Formula with 30 Premium Nutrients Bioavailable B vitamins, including: B6 as pyridoxal-5-phosphate (P-5-P), B12 as methylcobalamin, and folate (from (calcium-I-5-methyltetrahydrofolate) Chelated minerals, including: Chromium, magnesium, manganese, molybdenum, and zinc in TRAACS <sup>™</sup> glycinate chelate forms. Critical nutrients, including: Vitamin A (as retinyl palmitate), vitamin D3 (as cholecalciferol), vitamin E (as d-alpha and mixed tocopherols), and vitamin K2 [as menaquione-7 (MK-7 as Mena Q7 <sup>®</sup> )] Please see our product page at euromedicausa.com for a complete ingredient list.
Provides omega-3s, phospholipids, and peptides to support cardio strength and vascular elasticity, brain function, mood, and overall eye health*	EurOmega-3®	Adults: 1-2 tablets daily. Children (6 years old and up): 1 tablet daily, or as recommended by your healthcare practitioner.	Omega-3 Phospholipid Peptide Complex: Featuring Phospholipids, Omega-3 [DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid)] and bioactive peptides extracted from Atlantic Salmon ( <i>Salmo</i> <i>salar</i> ), in a balanced ratio as found in salmon; not chemically altered or artificially spiked with DHA/EPA
Supports healthy gut flora balance, nutrient absorption, and relieves occasional digestive discomforts*	FloraSure <sup>®</sup> Probiotic	1 capsule daily, with food, or as recommended by a healthcare practitioner.	FloraSure <sup>®</sup> Probiotic Blend (20 Billion CFU) Lactobacillus plantarum, Lactobacillus rhamnosus, and Bifidobacterium bifidum
Supports vitamin D3 levels for overall health, strong bones and teeth, and healthy immune function*	Vitamin D3 Chewable	1 tablet daily, or as recommended by a healthcare practitioner.	Vitamin D3 (as cholecalciferol, the body's preferred form)