



# Gastrointestinal Support Protocol\*

Objective	Product Recommendation	Dosage	Key Ingredients
Supports intestinal function and regularity, liver activity, and protects cells from the risk of oxidative stress and damage*	<b>Andrographis EP80™ Extra Strength</b>	1 capsule daily. For extra support may take 1 capsule twice daily or as recommended by a healthcare practitioner.	Andrographis ( <i>Andrographis paniculata</i> ) Leaf Extract (EP80™) standardized to ≥ 20% total andrographolides (≥ 80 mg)
Supports digestive regularity and overall intestinal function*	<b>BosPro™</b>	1 softgel daily, or as recommended by a healthcare practitioner.	Boswellia ( <i>Boswellia serrata</i> ) Gum Resin Extract (BOS-10®) standardized to contain ≥70% total organic and boswellic acids with AKBA ≥10%, with ≤5% beta-boswellic acids
Supports healthy gut flora balance and relieves occasional gas, irregularity, bloating, constipation, diarrhea, and cramping*	<b>FloraSure® Probiotic</b>	1 capsule daily, with food, or as recommended by a healthcare practitioner.	FloraSure® Probiotic Blend (20 Billion CFU) <i>Lactobacillus plantarum</i> , <i>Lactobacillus rhamnosus</i> , and <i>Bifidobacterium bifidum</i>
Supports intestinal mucosal barrier and soothes occasional discomfort in the gastrointestinal tract*	<b>ProHydra-7™</b>	1 softgel daily. May take up to four times daily for advanced support, or as recommended by a healthcare practitioner.	Proprietary Blend containing Sea Buckthorn ( <i>Hippophae rhamnoides</i> ) Berry Pulp and Seed Oil (SB-150™) via CO <sub>2</sub> extraction providing 150 mg of omega-7