

## Pain Relief Protocol\*

Objective	Product Recommendation	Dosage	Key Ingredients
Provides relief for sudden, occasional pain in a small, liquid gel form that is easy for patients to swallow*†	Acute Pain Relief <sup>*†</sup>	2 liquid gels once daily. If needed, may take 2 liquid gels twice daily or as recommended by a healthcare practitioner.	Proprietary Complex: Black Sesame (Sesamum indicum) Seed Oil, Curcumin (Curcuma longa) Rhizome Extract (BCM-95®/Curcugreen®) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Boswellia (Boswellia serrata) Gum Resin Extract (BOS-10®) standardized to contain ≥70% total organic and boswellic acids with AKBA ≥10%, with ≤5% beta-boswellic acids
Supports cartilage structure and joint flexibility in the hips, knees, lower back, and ankles*	Collagen Joint Complex	3 capsules daily, or as recommended by a healthcare practitioner.	Proprietary Blend: Glucosamine hydrochloride, Chondroitin sulfate, Hyaluronic acid complex (hyaluronic acid, polysaccharides, and collagen), Boswellia ( <i>Boswellia serrata</i> ) Gum Resin Extract (BOS-10®) standardized to contain ≥70% total organic and boswellic acids with AKBA ≥10%, with ≤5% beta-boswellic acids, Type II Collagen
Provides effective pain relief that addresses both physical support and endorphin activity*†	Curaphen <sup>®</sup> Curaphen <sup>®</sup> Extra Strength	1 capsule 3 times daily, or as recommended by a healthcare practitioner.	Proprietary Complex: DLPA (DL-phenylalanine), Boswellia (Boswellia serrata) Gum Resin Extract (BOS-10®) standardized to contain ≥70% total organic and boswellic acids with AKBA ≥10%, with ≤5% beta-boswellic acids, Curcumin (Curcuma longa) Rhizome Extract (BCM-95®/Curcugreen®) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Nattokinase
	Extra Strength	tablet daily; may take     tablet three times daily,     or as recommended by a     healthcare practitioner.	Proprietary Complex: DLPA (DL-phenylalanine), Boswellia (Boswellia serrata) Gum Resin Extract (BOS-10®) standardized to contain ≥70% total organic and boswellic acids with AKBA ≥10%, with ≤5% beta-boswellic acids, Curcumin (Curcuma longa) Rhizome Extract (BCM-95®/Curcugreen®) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Nattokinase
Supports healthy muscles, tendons, ligaments, and nerves*	Magnesium + P-5-P	Adults: 1 capsule, may be taken up to 4 times daily. Children (6 years old and up): 1 capsule per day, or as recommended by your healthcare practitioner.	Vitamin B6 (as pyridoxal-5-phosphate), Magnesium (from magnesium bisglycinate chelate), Zinc (from TRAACS™ zinc bisglycinate chelate)
Aids proper circulation and supports healthy nerve function*	Nerve Complex <sup>™</sup>	2 capsules twice daily, or as recommended by a healthcare practitioner.	Thiamin (B1) (as thiamin HCl), Riboflavin (vitamin B2), Niacin (as niacinamide), Vitamin B6 (as pyridoxal-5-phosphate), Folate (as (6S)-5-methyltetrahydrofolic acid, glucosamine salt)^, Vitamin B12 (as methylcobalamin), Biotin, Pantothenic acid (as d-calcium pantothenate), Zinc (from TRA (as d-biotin)ACS™ zinc glycinate chelate), Chromium (from TRAACS™ chromium nicotinate glycinate chelate), Alpha Lipoic Acid, Boswellia (Boswellia serrata) Gum Resin Extract (BOS-10®) standardized to contain ≥70% total organic and boswellic acids with AKBA ≥10%, with ≤5% beta-boswellic acids, Benfotiamine