



Gastrointestinal Support Protocol*

Objective	Product Recommendation	Dosage	Key Ingredients
Supports intestinal function and regularity, liver activity, and protects cells from the risk of oxidative stress and damage*	Andrographis EP80™ Extra Strength	1 capsule daily. For extra support may take 1 capsule twice daily or as recommended by a healthcare practitioner.	Andrographis (<i>Andrographis paniculata</i>) Leaf Extract (EP80™) standardized to $\geq 20\%$ total andrographolides (≥ 80 mg)
Supports digestive regularity and overall intestinal function*	BosPro™	1 softgel daily, or as recommended by a healthcare practitioner.	Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10®) standardized to contain $\geq 70\%$ total organic and boswellic acids with AKBA $\geq 10\%$, with $\leq 5\%$ beta-boswellic acids
Supports healthy gut flora balance and relieves occasional gas, irregularity, bloating, constipation, diarrhea, and cramping*	FloraSure® Probiotic	1 capsule daily, with food, or as recommended by a healthcare practitioner.	FloraSure® Probiotic Blend (20 Billion CFU) <i>Lactobacillus plantarum</i> , <i>Lactobacillus rhamnosus</i> , and <i>Bifidobacterium bifidum</i>
Supports healthy digestion and metabolism, and alleviates occasional gas and feelings of fullness*	Multi-Action Digestive Enzymes	1-2 tablets up to three times daily or as recommended by your healthcare practitioner.	Pancreatin 10X (Amylase, Protease, Lipase), Trypsin, Papain, Bromelain, Chymotrypsin
Supports intestinal mucosal barrier and soothes occasional discomfort in the gastrointestinal tract*	ProHydra-7™	1 softgel daily. May take up to four times daily for advanced support, or as recommended by a healthcare practitioner.	Proprietary Blend containing Sea Buckthorn (<i>Hippophae rhamnoides</i>) Berry Pulp and Seed Oil (SB-150™) via CO ₂ extraction providing 150 mg of omega-7