



# Cognitive Health Plus\*

Greek Mountain Tea + Bacopa for Healthy Memory and Focus\*



**Cognitive Health Plus** supports balanced brain chemistry, healthy neurological pathways, and optimal blood circulation in the brain to give you a mental edge, even on your most stressful days.\*<sup>^</sup>

- **Focus and cognitive strength during stress**\*<sup>^</sup>
- **Accuracy and attention to detail**\*
- **Positive mood and mindset**\*

**Recommendations:** 1 capsule daily. May take 1 capsule twice daily for additional support, or as recommended by your healthcare practitioner.

If pregnant or nursing, consult a healthcare practitioner before use.  
<sup>^</sup>Occasional stress.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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## Cognitive Health Plus\*

Greek Mountain Tea + Bacopa  
for Healthy Memory and Focus\*

CLINICALLY STUDIED GMT23™  
GREEK MOUNTAIN TEA

30 Capsules

VEGAN  
NON-GMO

DIETARY SUPPLEMENT

**SUPPLEMENT FACTS**

Serving Size: 1 Capsule    Servings Per Container: 30

Amount Per 1 Capsule (Veg):		%DV
Total Carbohydrate	0.5 g	< 1% <sup>1</sup>
Greek Mountain Tea ( <i>Sideritis scardica</i> ) Aerial Extract (GMT23™)	450 mg	**
Bacopa ( <i>Bacopa monnieri</i> ) Leaf Extract standardized to ≥ 20% bacosides (40 mg)	200 mg	**

\*\*Daily Value (DV) not established.  
<sup>1</sup>Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Other Ingredients:** maltodextrin, hydroxypropyl methylcellulose (vegetable cellulose capsules), vegetable source magnesium stearate, silica.

**No** sugar, salt, yeast, wheat, gluten, soy, dairy products, artificial coloring, artificial flavoring, or artificial preservatives.

Manufactured by a cGMP compliant facility exclusively for:  
**EuroMedica** 955 Challenger Drive Green Bay, WI 54311  
 866-842-7256 euromedicausa.com

## Focus and cognitive strength during stress<sup>^</sup>

### Accuracy and attention to detail

### Healthy memory

### Positive mood and mindset\*

## Mental Clarity and Focus – Even on the Busiest Days\*

**Cognitive Health Plus** supports balanced brain chemistry, healthy neurological pathways, optimal blood circulation in the brain, and mental acuity and focus, even in the face of occasional stress.\*

## Brain Supporting Botanicals\*

- **Greek mountain tea** is a prized botanical from the mountainous regions of the Mediterranean. For generations, it has been highly valued for its ability to support health and longevity. In recent years, this botanical has been clinically studied to support concentration, mood, memory, and overall resilience.\*
- **Bacopa monnieri**, a long-trusted herb used in Ayurvedic practice, has been shown in clinical research to help people stay focused during times of stress.\*<sup>^</sup>

To view all our products, go to **euromedicausa.com**  
 For more information call **866.842.7256**

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## Frequently Asked Questions for Cognitive Health Plus\*

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### Q. Does Cognitive Health Plus contain caffeine?\*

A. Greek mountain tea, unlike green tea (*Camellia sinensis*) does not contain caffeine. Like other botanical adaptogens, the energizing effects of Greek mountain tea are more subtle and work along different pathways, rather than being a direct stimulant like green tea.

Bacopa also doesn't contain caffeine. It simply helps support focus and concentration. Clinical research has found that a combination of both Greek mountain tea and bacopa can help people stay focused during times of stress, without making them feel jittery or nervous.\*^

### Q. Why not just drink this as a tea? Why take a supplemental form?

A. While Greek mountain tea is popular as a traditional beverage in the Mediterranean, one of its drawbacks is that the beneficial compounds in a tea form are highly variable. There's nothing wrong with drinking the tea, but a supplemental form is best for consistent benefits. Supplements are also commonly used in studies.

The main challenge for many people is that Greek mountain tea in supplemental form can be difficult to find, which is why we've developed **Cognitive Health Plus**—for convenient and reliable support, every day.\*

## What to Pair with Cognitive Health Plus\*

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<b>CoQ10 100 mg Chewable</b>	Delivers strong support for cognitive function, and features our exclusive GammaSorb®, which has been shown to boost the absorption of CoQ10 by 8 times compared to the standard CoQ10 forms.*
<b>EurOmega-3®</b>	Features bioidentical DHA/EPA omega-3 fatty acids, plus phospholipids that support brain function, mood, focus, and emotional well-being.*

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