

# **Cortisol Stress Support**\*\*\*

Healthy Cortisol Balance\*\*

Is Stress Burning You Out? <sup>^</sup> Cortisol Stress Support can help. Stress can	EuroMedica	SUPPLEMENT FACTS Serving Size: 1 Capsule Servings Per Container: 60
ramp up our cortisol levels, putting us into "fight		Amount Per 1 Capsule (Veg): %DV
or flight" mode more than necessary. While we need cortisol in order to respond to whatever life		Vitamin C (as ascorbic acid) 200 mg 222%
w throws at us, supporting balanced levels is key.**^		Thiamin (B1) (from thiamin HCI) 12.5 mg 1,042%
Recommendations: Women: 1 capsule, one to	Cortisol Stress	Riboflavin (Vitamin B2) 12.5 mg 962%
two times daily. <b>Men:</b> 1 capsule, one to three		Niacin (Vitamin B3) 35 mg 219% (from niacinamide and as niacin)
times daily, or as recommended by your	Cupport**	Vitamin B6 (from pyridoxal-5-phosphate) 15 mg 882%
healthcare practitioner.	Support	Folate (from (6S)-5-methyltetrahydrofolic acid, 400 mcg DFE 100% acid glucosamine salt)'
Manufactured by a cGMP Scan for more	Stress Resistance <sup>^</sup>	Vitamin B12 (as methylcobalamin) 500 mcg 20,833%
compliant facility exclusively for: information on		Biotin 75 mcg 250%
EuroMedica 955 Challenger Drive CA CONSUMER WARNING:	• Weight Management <sup>**</sup>	Pantothenic acid (from d-calcium pantothenate) 125 mg 2,500%
Green Bay, WI 54311 WANNING. 866-842-7256 euromedicausa.com 回該許回	<ul> <li>Daily Energy</li> </ul>	DHEA (dehydroepiandrosterone)(micronized) 15 mg **
^Occasional stress or anxiety		**Daily Value (DV) not established. †US Patent No. 7,947,662.
<ul> <li>T Supports healthy levels already within normal range</li> <li>T In conjunction with a healthy diet and exercise regimen</li> </ul>	<ul> <li>Positive Mood*</li> </ul>	Other Ingredients: microcrystalline cellulose, hydroxypropyl methylcellulose (vegetable cellulose capsules), dicalcium
*These statements have not been evaluated by the Food and Drug Administration.	60 Capsules	phosphate, vegetable source magnesium stearate, silica.
This product is not intended to diagnose, treat, cure, or prevent any disease.           JC 34 91 + 3(5,6)EM           L75906.01	VEGAN OUPDATES NON-GMO DIETARY SUPPLEMENT	No sugar, salt, yeast, wheat, gluten, corn, soy, dairy products, artificial coloring, artificial flavoring, or artificial preservatives.

#### Stress Resistance<sup>^</sup>

Weight Management <sup>++</sup>	
Daily Energy	
Positive Mood*	

Many of your patients have probably heard about cortisol and its association with stress but have also wondered what they can do about it. Fortunately, there's **Cortisol Stress Support**.\*<sup>\*^</sup>

While we all need cortisol to deal with occasional stressors, sometimes an individual's cortisol response puts them into "fight or flight" mode more than necessary. The result is a sense of being revved up, but also feeling fatigued at the same time. That's why balanced levels of cortisol are key to optimal health.\*<sup>†</sup>

Cortisol Stress Support features ingredients that support healthy levels of this critical hormone, for a more balanced response to life's challenges. And that includes more than occasional stress—healthy cortisol levels support daily energy, healthy weight management<sup>++</sup>, healthy blood sugar balance, and healthy immune function, too.\*<sup>++</sup>

## **Cortisol Balancing Combination\***<sup>++</sup>

**Premium Bioactive B Vitamins:** Getting B vitamins in a bioactive form is a key difference from the type of B vitamins that your patients may have tried in the past. You can remind them that most common B vitamins need to be converted by the liver into a form that the body can use and many people are not efficient at this conversion process. The B vitamins in Cortisol Stress Support are already in those bioactive forms, so they can get to work regardless of conversion status, supporting daily energy, healthy metabolism, healthy blood sugar levels, and positive mood.\*\*^

**Vitamin C:** There's no doubt that your patients ordinarily think of vitamin C as an immune-supporting nutrient, and they would be right. But this vitamin is also required by the adrenal glands to function properly. During stressful situations, vitamin C can be used up rapidly by the body, so getting a consistent amount of this vitamin is critical for supporting healthy cortisol levels.\*<sup>†</sup>

**Dehydroepiandrosterone (DHEA)** is naturally produced in the adrenal glands and helps keep cortisol levels in balance.<sup>†</sup> Supplemental sources of DHEA have been shown to enhance daily energy, focus, libido, and vitality.\*

## To view all our products, go to **euromedicausa.com** For more information call **866.842.7256**

## Frequently Asked Questions for Cortisol Stress Support\*\*\*

### Q. Is it true that many prescription drugs deplete the body of B vitamins?

A. Yes, many prescription drugs deplete B vitamins from the body, including birth control pills, certain diabetes, epilepsy, blood pressure and ulcer medications, steroids, and antibiotics. Even over-the-counter pain relievers, like ibuprofen, can affect levels of B vitamins. That's why individuals using these kinds of drugs must be especially vigilant about making sure they are getting enough B vitamins in their most biologically active forms.

### **Q**. Why is the dosage different for men and women?

A. Researchers have noted that men may need somewhat higher levels of DHEA for cortisol balance than do women, so the dosage recommendations reflect that observation.\*<sup>†</sup>

## What to Pair with Cortisol Stress Support\*\*^

AnxioCalm <sup>°</sup>	Provides clinically studied botanical support that can significantly help relieve feelings of occasional anxiety and tension.*
Ashwagandha Complex	Delivers clinically studied ashwagandha and rhodiola to support mental and physical resilience and help you get through your day with ease.*