



Joint Support Protocol*

Objective	Product Recommendation	Dosage	Key Ingredients
Supports joint health and cartilage formation*	ArthroMed™	1-2 capsules twice daily, or as recommended by your healthcare practitioner.	Proprietary Blend: Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10®) standardized to contain ≥ 70% total organic and boswellic acids with AKBA ≥ 10%, with ≤ 5% beta-boswellic acids, Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95®/Curcugreen®) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Devil's Claw (<i>Harpagophytum procumbens</i> , <i>Harpagophytum zeyheri</i>) Root Extract standardized to contain ≥ 20% harpagosides
Supports cartilage structure and joint flexibility in the hips, knees, lower back, and ankles*	Collagen Joint Complex	3 capsules daily, or as recommended by a healthcare practitioner.	Proprietary Blend: Glucosamine hydrochloride, Chondroitin sulfate, Hyaluronic acid complex (hyaluronic acid, polysaccharides, and collagen), Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10®) standardized to contain ≥70% total organic and boswellic acids with AKBA ≥10%, with ≤5% beta-boswellic acids, Type II Collagen
Promotes healthy uric acid balance, and supports joint flexibility and comfort**†	Tart Cherry	1 or 2 capsules, twice daily, or as recommended by your healthcare practitioner.	Tart Cherry (<i>Prunus cerasus</i>) Fruit Powder standardized to contain ≥ 0.1% anthocyanins