

# **Healthy Circulation\***

with HRS65™ Red Sage and HRG80™ Red Ginseng



# Nitric oxide production for healthy blood flow and circulation\*

Strong, flexible blood vessels and arteries\*

Energy for muscles, especially the heart\*

Heart, kidney, and brain health\*

Healthy blood pressure levels and cholesterol balance\*†

#### Two Botanicals for Outstanding Cardio Support\*

Red sage and red ginseng support similar functions in the cardiovascular system—sometimes working through similar pathways and sometimes through pathways unique to each herb. Most importantly, they bring both combined and individual strengths to **Healthy Circulation**.\*

### **Features Botanicals Grown Hydroponically**

Growing HRS65 red sage and HRG80 red ginseng hydroponically prevents contamination and pesticide exposure, plus helps concentrate the beneficial compounds in each botanical.

HRS65 red sage delivers powerful, cell-protecting<sup>‡</sup> antioxidants to support healthy blood vessels and blood pressure levels, healthy cholesterol and lipid balance,<sup>†</sup> and nitric oxide production for optimal blood flow.\*

HRG80 red ginseng is a clinically studied adaptogen for resilience in the face of stress, a major factor in heart health. It also supports healthy heart muscle function and helps with energy at the cellular level, as well as supporting nitric oxide production for healthy energy and circulation.\*

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### Frequently Asked Questions for Healthy Circulation\*

#### Q. What is red sage? Is it the same as the sage in my garden?

A. Red sage (Salvia miltiorrhiza), also known as danshen, has been a preferred botanical used in traditional practice throughout Asia for centuries. Even though it is a member of the same family as common sage (Salvia officinalis) found in your herb garden, it has a different profile and level of compounds—although both are incredibly valuable botanicals.

Also, bear in mind that while danshen has been a featured botanical in traditional Chinese medicine, the HRS65™ red sage featured in this supplement is hydroponically grown and meticulously cultivated in Belgium. This not only maximizes its beneficial components, it also avoids the common problems of soil contamination, pesticide use, and other challenges.

So, while both red sage and common sage are excellent herbs with a long history of culinary and medicinal use, HRS65 red sage is a very specific plant grown especially for this supplement. It combines the strengths of the old with advanced growing techniques of the new.

# O. I've heard that ginseng is susceptible to picking up toxins or pesticides through its roots. Is this something I need to worry about with your product?

A. No. The HRG80™ red ginseng that we feature in our red ginseng supplements is, like the HRS65 red sage in this formula, grown hydroponically. Because the ginseng roots are carefully cultivated and provided with optimal growing conditions without the need for pesticides or exposure to soil-borne toxins, the plant thrives and produces the beneficial compounds we look for that make an effective supplement. Those compounds include noble ginsenosides, which are rare in conventionally grown ginseng roots.

#### Q. Why combine red sage and red ginseng? What is the advantage of the two?

A. Both red sage and red ginseng can support similar functions in the cardiovascular system, sometimes working through similar pathways. In that case, their actions bolster each other. However, each herb also works through different pathways to achieve similar goals. This synergy means that red sage and red ginseng can share responsibilities for heart and overall cardiovascular support bringing their individual strengths to the formula.\* By combining them, the supplement can deliver even stronger results than it would with just one of these botanicals doing all of the work.

## What to Pair with Healthy Circulation\*

Clinical OPC®	Delivers high-absorption, tannin-free French grape seed VX1® for the ultimate in cardiovascular and cellular support.*
CoQ10 100 mg Chewable	Delivers strong support for cognitive function, and features our exclusive GammaSorb®, which has been shown to boost CoQ10 levels 8 times higher versus standard CoQ10.*
Eur <i>O</i> mega-3®	Features bioidentical DHA/EPA omega-3 fatty acids, plus phospholipids that support brain function, mood, focus, and emotional well-being.*
Healthy Cholesterol and Triglycerides*†	Features clinically studied amla (Indian Gooseberry), shown to boost good cholesterol (HDL) levels by an average of 14%. It supports healthy triglyceride levels and provides powerful support for heart health.*†