

Cardiovascular Support Protocol*

| Objective | Product Recommendation | Dosage | Key Ingredients |
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| Supports vascular elasticity and strength with a once daily formula of fat-soluble vitamins* | A•D•K2 Cardio Health™ | 1 softgel daily, or as recommended by a healthcare practitioner. | Vitamin A (as retinyl palmitate), Vitamin D3 (as cholecalciferol), Vitamin K2 [as menaquinone-7 (MK-7 as Mena Q7®)] |
| Provides a traditional botanical compound for metabolic and cardiovascular support, including healthy cholesterol, blood sugar, and triglyceride levels** | Berberine 500 mg Berberine Ultra Absorption (with GammaSorb® gamma cyclodextrin) | 1 capsule three times daily, or as recommended by a healthcare practitioner. 1 capsule daily, or as recommended by a healthcare practitioner. | Berberine [from Indian Barberry (<i>Berberis aristata</i>) Bark and Root Extract] Berberine [from Phellodendron (<i>Phellodendron amurense</i>) Bark Extract] |
| Delivers high-absorption, low molecular weight French grape seed VX1®. Supports healthy blood pressure and cholesterol balance*† | Clinical OPC® | 1 softgel daily. May take up to 3 times a day for enhanced benefits, or as recommended by a healthcare practitioner. | French Grape (<i>Vitis vinifera</i>) Seed Extract (VX1®) standardized to contain ≥99% polyphenols and ≥80% OPCs |
| Replenishes CoQ10 depleted by use of statins and supports cellular energy for the heart* | CoQ10 Chewable 100 mg (with GammaSorb® for 8 times higher absorption*) | 1 chewable tablet daily, or as recommended by a healthcare practitioner. | Coenzyme Q10 (ubiquinone) |
| Provides bioidentical omega-3s, phospholipids, and peptides to support vascular strength and elasticity, and healthy cholesterol and triglyceride levels** | EurOmega-3® | Adults: 1-2 tablets daily. Children (6 years old and up): 1 tablet daily, or as recommended by a healthcare practitioner. | Omega-3 Phospholipid Peptide Complex Featuring Phospholipids, Omega-3 [DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid)] and bioactive peptides extracted from Atlantic Salmon (<i>Salmo salar</i>), in a balanced ratio as found in salmon; not chemically altered or artificially spiked with DHA/EPA |
| Supports healthy triglyceride levels and overall cholesterol* | Healthy Cholesterol and Triglycerides** | 2 capsules daily, or as recommended by a healthcare practitioner. | Amla (<i>Embllica officinalis</i>) Fruit Extract (25:1) standardized to contain ≥35% polyphenol content |
| Supports nitric oxide production for healthy blood flow and circulation* | Healthy Circulation* | 1 capsule daily. May take 1 capsule two to four times daily for additional support, or as recommended by a healthcare practitioner. | Red Sage (<i>Salvia miltiorrhiza</i>) Root Powder (HRS65™), Korean Red Ginseng (<i>Panax ginseng</i>) Root Powder (HRG80™) containing rare, noble ginsenosides |
| Supports overall cardiovascular health with readily absorbed, chelated magnesium and a bioavailable form of vitamin B6* | Magnesium + P-5-P (pyridoxal-5-phosphate) | Adults: 1 capsule, may be taken up to 4 times daily. Children (6 years old and up): 1 capsule per day, or as recommended by a healthcare practitioner. | Vitamin B6 (as pyridoxal-5-phosphate), Magnesium (from magnesium bisglycinate chelate), Zinc (from TRAACS™ zinc bisglycinate chelate) |