

Joint Support Protocol*

Objective	Product Recommendation	Dosage	Key Ingredients
Supports joint health and cartilage formation*	ArthoMed™	1-2 capsules twice daily, or as recommended by your healthcare practitioner.	Proprietary Complex: Boswellia (Boswellia serrata) Gum Resin Extract (BOS-10®) standardized to contain ≥ 70% total organic and boswellic acids with AKBA ≥ 10%, with ≤ 5% beta-boswellic acids, Curcumin (Curcuma longa) Rhizome Extract (BCM-95®/Curcugreen®) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), Devil's Claw (Harpagophytum procumbens, Harpagophytum zeyheri) Root Extract standardized to contain ≥ 20% harpagosides
Supports cartilage structure and joint flexibility in the hips, knees, lower back, and ankles*	Collagen Joint Complex	3 capsules daily, or as recommended by a healthcare practitioner.	Proprietary Blend: Glucosamine hydrochloride, Chondroitin sulfate, Hyaluronic acid complex (hyaluronic acid, polysaccharides, and collagen), Boswellia (Boswellia serrata) Gum Resin Extract (BOS-10®) standardized to contain ≥70% total organic and boswellic acids with AKBA ≥10%, with ≤5% beta-boswellic acids, Type II Collagen
Promotes healthy uric acid balance, and supports joint flexibility and comfort*†	Tart Cherry	1-2 capsules, taken up to three times daily, or as recommended by your healthcare practitioner.	Tart Cherry (<i>Prunus cerasus</i>) Fruit Powder standardized to contain ≥ 0.1% anthocyanins