



Gastrointestinal Support Protocol*

Objective	Product Recommendation	Dosage	Key Ingredients
Supports intestinal function and regularity, liver activity, and protects cells from the risk of oxidative stress and damage*	Andrographis EP80™ Extra Strength	1 capsule daily. For extra support may take 1 capsule twice daily or as recommended by a healthcare practitioner.	Andrographis (<i>Andrographis paniculata</i>) Leaf Extract (EP80™) standardized to $\geq 20\%$ total andrographolides (≥ 80 mg)
Supports digestive regularity and overall intestinal function*	BosPro™	1 softgel daily, or as recommended by a healthcare practitioner.	Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10®) standardized to contain $\geq 70\%$ total organic and boswellic acids with AKBA $\geq 10\%$, with $\leq 5\%$ beta-boswellic acids
Supports healthy gut flora balance and relieves occasional gas, irregularity, bloating, constipation, diarrhea, and cramping*	FloraSure® Probiotic	1 capsule daily, with food, or as recommended by a healthcare practitioner.	FloraSure® Probiotic Blend (20 Billion CFU) <i>Lactobacillus plantarum</i> , <i>Lactobacillus rhamnosus</i> , and <i>Bifidobacterium bifidum</i>
Supports healthy digestion and metabolism, and alleviates occasional gas and feelings of fullness*	Multi-Action Digestive Enzymes	1-2 tablets up to three times daily before each meal to support optimal digestion or as recommended by your healthcare practitioner.*	Pancreatin 10X (Amylase, Protease, Lipase), Trypsin, Papain, Bromelain, Chymotrypsin
Supports intestinal mucosal barrier and soothes occasional discomfort in the gastrointestinal tract*	ProHydra-7™	1 softgel daily. May take up to four times daily for advanced support, or as recommended by a healthcare practitioner.	Proprietary Blend containing Sea Buckthorn (<i>Hippophae rhamnoides</i>) Berry oil (SB-150™) via CO ₂ extraction providing 150 mg of omega-7
Supports healthy bacteria balance in the digestive system*	Thyme plus Oregano	Adults: 1 softgel daily for maintenance. May take 1 softgel up to three times daily for additional support. Children (12 years old and up): 1 softgel daily. Dosages may vary as recommended by your healthcare practitioner.	Proprietary Formula containing Thyme (<i>Thymus vulgaris</i>) Leaf CO ₂ Extract standardized to $\geq 38\%$ essential oils, Oregano (<i>Origanum vulgare</i>) Leaf CO ₂ Extract standardized to $\geq 75\%$ essential oils