



Neurological & Brain Health Protocol*

Objective	Product Recommendation	Dosage	Key Ingredients
Supports brain cognitive function*	Active B Complex	1 capsule daily, or as recommended by your healthcare practitioner.	Biologically Active Forms of vitamin B12, Folate & B6
Provides clinically studied glutathione that improves ratios of active glutathione to oxidized glutathione for healthy DNA replication*	Clinical Glutathione™	2 tablets daily. One tablet in a.m. and one tablet in the p.m., or as recommended by a healthcare practitioner. Tablet should be held in mouth and allowed to dissolve before swallowing for optimal results.	L-Glutathione (reduced active form)
Supports balanced brain chemistry, healthy neurological pathways, and optimal blood circulation in the brain*	Cognitive Health Plus*	1 capsule daily. May take 1 capsule twice daily for additional support, or as recommended by your healthcare practitioner.	Greek Mountain Tea (<i>Sideritis scardica</i>) Aerial Extract (GMT23™), Bacopa (<i>Bacopa monnieri</i>) Leaf Extract standardized to ≥ 20% bacosides (40 mg)
Delivers clinically studied, enhanced absorption curcumin to support positive mood, cognition, focus, and healthy inflammation response**	CuraPro® 750 mg Curcumin Complex (Delivers a minimum of 500 mg of curcuminoids per softgel)	1 softgel daily. May take 1 softgel two times daily, or as recommended by your healthcare practitioner.	Proprietary Complex: Curcumin (<i>Curcuma longa</i>) Rhizome Extract (BCM-95®/Curcugreen®) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), phospholipids (from sunflower lecithin), supplying 500 mg of curcuminoids
Delivers bioidentical DHA/EPA omega-3 fatty acids in a 2:1 ratio that are vital for focus and brain health*	EurOmega-3®	Adults: 1-2 tablets daily. Children (6 years old and up): 1 tablet daily. May increase as recommended by your healthcare practitioner.	Omega-3 Phospholipid Peptide Complex Featuring Phospholipids, Omega-3 [DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid)] and bioactive peptides extracted from Atlantic Salmon (<i>Salmo salar</i>), in a balanced ratio as found in salmon; not chemically altered or artificially spiked with DHA/EPA
Supports healthy circadian rhythm for restorative sleep and mental well-being with sustained release tablet**†	Melatonin	1 tablet, 1-2 hours before bedtime, or as recommended by a healthcare practitioner.	Melatonin (EP120™)

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*Occasional inflammation due to exercise or overuse. †For relief of occasional sleeplessness.

**These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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