



# Women's Health Protocol\*

Objective	Product Recommendation	Dosage	Key Ingredients
Supports healthy bladder strength and urinary tract function*	<b>Bladder Manager™</b>	1 capsule daily. When starting to use Bladder Manager, it's recommended to take 1 capsule twice daily for the first two or three days, or as recommended by your healthcare practitioner.	Angelica ( <i>Angelica archangelica</i> ) Leaf Extract
Provides support for healthy levels of the critical cortisol hormone, for a more balanced response to life's challenges**	<b>Cortisol Stress Support**</b>	Women: 1 capsule, one to two times daily. Men: 1 capsule, one to three times daily, or as recommended by your healthcare practitioner.	Vitamin C (as ascorbic acid), Thiamin (B1) (from thiamin HCl), Riboflavin (Vitamin B2), Niacin (Vitamin B3) (from niacinamide and as niacin), Vitamin B6 (from pyridoxal-5-phosphate), Folate (from (6S)-5-methyltetrahydrofolate), glucosamine salt, Vitamin B12 (as methylcobalamin), Biotin, Pantothenic acid (from d-calcium pantothenate), DHEA (dehydroepiandrosterone)(micronized)
Promotes healthy estrogen and progesterone balance†, supports perimenopause and menopause symptom relief, and supports healthy metabolism and weight management***	<b>DIM + Curcumin</b>	1 capsule daily with food. May increase to 1 capsule twice daily, or as recommended by a healthcare practitioner.	Curcumin ( <i>Curcuma longa</i> ) Rhizome Extract (BCM-95®/Curcugreen®) enhanced with turmeric essential oil and standardized for curcuminoid complex (curcumin, demethoxycurcumin and bisdemethoxycurcumin), French Grape ( <i>Vitis vinifera</i> ) Seed Extract (VX1®) standardized to contain ≥ 99% polyphenols and ≥80% OPCs, BR-DIM® (a proprietary, enhanced bioavailability complex containing starch, a minimum 25% diindolylmethane [30 mg], Vitamin E, phosphatidylcholine, silica)
Provides a daily foundation with bioavailable B vitamins, chelated minerals, and other critical nutrients	<b>Essential Multivitamin</b>	2 tablets daily, or as recommended by a healthcare practitioner. May increase to 2 tablets twice daily. 1 tablet daily for children ages 12 and up.	Complete Multivitamin & Mineral Formula with 30 Premium Nutrients. Bioavailable B vitamins, including: B6 as pyridoxal-5-phosphate (P-5-P), B12 as methylcobalamin, and folate (from (calcium-l-5-methyltetrahydrofolate). Chelated minerals, including: chromium, magnesium, manganese, molybdenum, and zinc in Albion® bisglycinate and glycinate chelate forms. Critical nutrients, including: Vitamin A (as retinyl palmitate), vitamin D3 (as cholecalciferol), vitamin E (as d-alpha and mixed tocopherols), and vitamin K2 [as menaquinone-7 (MK-7 as Mena Q7™)]. <i>Please see our product page at euromedicausa.com for a complete ingredient list.</i>
Provides omega-3s, phospholipids, and peptides to support cardio strength and vascular elasticity, brain function, mood, and overall eye health*	<b>EurOmega-3®</b>	Adults: 1-2 tablets daily. Children (6 years old and up): 1 tablet daily, or as recommended by your healthcare practitioner.	Omega-3 Phospholipid Peptide Complex: Featuring Phospholipids, Omega-3 [DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid)] and bioactive peptides extracted from Atlantic Salmon ( <i>Salmo salar</i> ), in a balanced ratio as found in salmon; not chemically altered or artificially spiked with DHA/EPA
Supports nitric oxide production for healthy blood flow and circulation*	<b>Healthy Circulation*</b>	1 capsule daily. May take 1 capsule two to four times daily for additional support, or as recommended by your healthcare practitioner.	Red Sage ( <i>Salvia miltiorrhiza</i> ) Root Powder (HRS65™), Korean Red Ginseng ( <i>Panax ginseng</i> ) Root Powder (HRG80™) containing rare, noble ginsenosides
Supports elasticity and youthful appearance of skin, supports relief of vaginal dryness, and hydrates mucosal tissues throughout the body*	<b>ProHydra-7™</b>	1 softgel daily. May take up to four times daily for advanced support, or as recommended by a healthcare practitioner.	Proprietary Blend containing Sea Buckthorn ( <i>Hippophae rhamnoides</i> ) Berry oil (SB-150™) via CO <sub>2</sub> extraction providing 150 mg of omega-7
Boosts bone absorption of calcium up to 50% for healthy bone structure and density***	<b>Silica-20™</b>	1-2 tablets twice daily, or as recommended by a healthcare practitioner.	Vitamin D3 (cholecalciferol), Horsetail ( <i>Equisetum arvense</i> ) Aerial Extract standardized to 20 mg of silica, (per 2 tablets) with naturally occurring flavonoids

euromedicausa.com | 866.842.7256

BR-DIM® is a registered trademark of and licensed from BioResponse, L.L.C., Boulder CO. Albion® is a registered trademark of Balchem Corporation or its subsidiaries. MenaQ7™ is a trademark of NattoPharma ASA, Norway.

\*Occasional stress or anxiety. †Supports healthy levels already within normal range. ††In conjunction with a healthy diet and exercise regimen. \*\*In vitro evaluation on cultured human bone.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

EM248\_0126