



Gastrointestinal Support Protocol*

Objective	Product Recommendation	Dosage	Key Ingredients
Supports intestinal function and regularity, liver activity, and protects cells from the risk of oxidative stress and damage*	Andrographis EP80™ Extra Strength	1 capsule daily. For extra support may take 1 capsule twice daily or as recommended by a healthcare practitioner.	Andrographis (<i>Andrographis paniculata</i>) Leaf Extract (EP80™) standardized to ≥ 20% total andrographolides (≥ 80 mg)
Supports digestive regularity and overall intestinal function*	BosPro™	1 softgel daily, or as recommended by a healthcare practitioner.	Boswellia (<i>Boswellia serrata</i>) Gum Resin Extract (BOS-10®) standardized to contain ≥ 70% total organic and boswellic acids with AKBA ≥ 10%, with ≤ 5% beta-boswellic acids
Supports healthy gut flora balance and relieves occasional gas, irregularity, bloating, constipation, diarrhea, and cramping*	FloraSure® Probiotic	1 capsule daily, with food, or as recommended by a healthcare practitioner.	FloraSure® Probiotic Blend (20 Billion CFU) <i>Lactobacillus plantarum</i> , <i>Lactobacillus rhamnosus</i> , and <i>Bifidobacterium bifidum</i>
Provides long-lasting support for occasional heartburn and acid discomfort while promoting healthy digestive function and soothing the gastrointestinal tract*	Heartburn Relief†	1 softgel twice daily, or as recommended by your healthcare practitioner. Results improve with continued use.	Proprietary Complex of D-limonene from Orange (<i>Citrus sinensis</i>) Peel Oil, Sea Buckthorn (<i>Hippophae rhamnoides</i>) Berry Oil via supercritical CO ₂ extraction
Supports healthy digestion and metabolism, and alleviates occasional gas and feelings of fullness*	Multi-Action Digestive Enzymes	1-2 tablets up to three times daily before each meal to support optimal digestion or as recommended by a healthcare practitioner.*	Pancreatin 10X (Amylase, Protease, Lipase), Trypsin, Papain, Bromelain, Chymotrypsin
Supports intestinal mucosal barrier and soothes occasional discomfort in the gastrointestinal tract*	ProHydra-7™	1 softgel daily. May take up to four times daily for advanced support, or as recommended by a healthcare practitioner.	Proprietary Blend containing Sea Buckthorn (<i>Hippophae rhamnoides</i>) Berry oil (SB-150™) via CO ₂ extraction providing 150 mg of omega-7
Supports healthy bacteria balance in the digestive system*	Thyme plus Oregano	Adults: 1 softgel daily for maintenance. May take 1 softgel up to three times daily for additional support. Children (12 years old and up): 1 softgel daily. Dosages may vary as recommended by a healthcare practitioner.	Proprietary Formula containing Thyme (<i>Thymus vulgaris</i>) Leaf CO ₂ Extract standardized to ≥ 38% essential oils, Oregano (<i>Origanum vulgare</i>) Leaf CO ₂ Extract standardized to ≥ 75% essential oils

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†Lasting relief from occasional heartburn and acid indigestion.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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